

# Is your community prepared for a disaster?

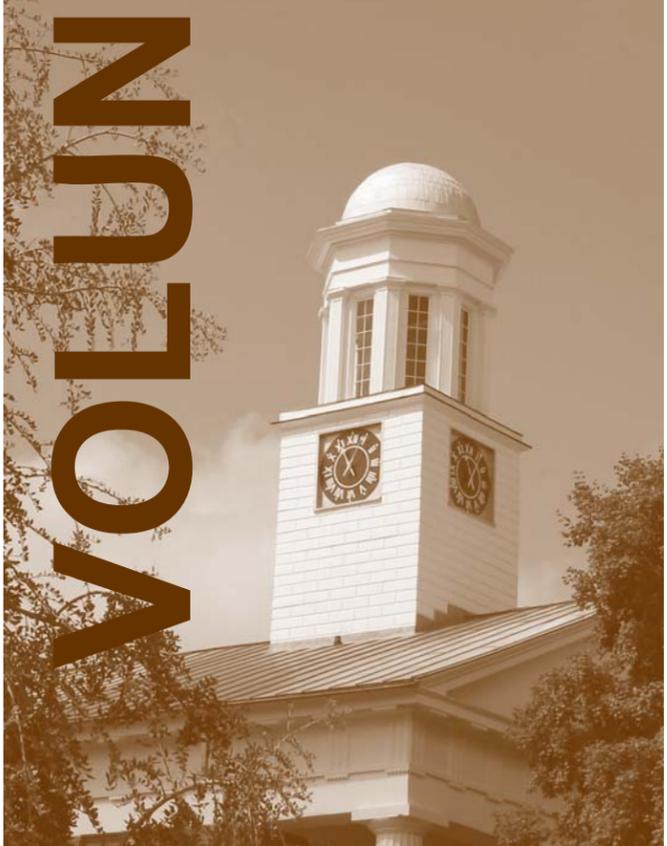


Orange County

## Community Emergency Response Team

in your community

# VOLUNTEER



Local and federal officials recognize that first responders could be unable to meet service demands after a major disaster while they deal with obstacles like road closures and communication failures. This will leave many residents cut-off from vital emergency services. The Orange County Community Emergency Response Team (CERT) teaches residents how to provide basic emergency response after a disaster when first responders are unavailable. Open this brochure to learn how you can help protect your community.

## Join the Orange County CERT Program

### Take the Community Preparedness Quiz

- 1) Does your community have a **disaster plan**?  
 Yes  No
- 2) Do you know **all** or **most** of your neighbors?  
 Yes  No
- 3) During disasters, is your neighborhood prone to **flooding**, **power outages**, or **topped trees**?  
 Yes  No

If you answered "No" to questions 1 and 2 and "Yes" to question 3, consider starting a CERT in your neighborhood!

Orange County Photographs by David Hunt



Be ready to help when disaster strikes

# Join Orange County CERT

**We can't predict the next disaster for Orange County, but we can prepare for it!**

The Community Emergency Response Team (CERT) Program teaches participants how to provide basic emergency response services after a disaster. Persons living or working in Orange County can form a CERT to meet critical needs in their neighborhood or workplace when first responders are unavailable. Starting a CERT requires completion of a 5-week training program taught in or near your community by skilled health and safety professionals. All training is **free** and participants receive educational materials and emergency response gear.



## Here's What You'll Learn:

### Emergency Preparedness

This course will teach you how to prepare yourself, your family, and your neighborhood for natural and man-made disasters. Information on making an emergency plan and disaster supply kit will be provided.

### Fire Safety

In this course, a fire safety professional will teach you basic lessons in fire chemistry, hazardous materials, and fire suppression. You'll practice putting out small fires with a portable fire extinguisher.

### Emergency Medical Operations I & II

In these two courses, emergency service providers will teach you how to use basic first-aid to treat life threatening conditions. You'll learn triage principles and how to treat airway obstructions, bleeding, and burns.

### Light Search and Rescue

This course will teach you how to lead safe search and rescue missions. You'll learn how to search for victims and safely remove victims from a disaster scene.

### CERT Organization

This course will show you how to maintain your CERT and document your team's neighborhood response activities.

### Disaster Psychology

This course overviews the psychological impact of a disaster on rescuers and victims. You will learn how to provide "psychological first-aid" to support team members and victims without over stressing yourself.

### Personal Safety and Property Protection

This course will teach you how to identify and handle personal safety threats when responding to a disaster. This course will also give you useful recommendations for staying safe and healthy when recovering from a disaster.

### Animal Care and Protection

This course will teach you how to make a disaster plan for your pets and how to provide basic first aid to injured animals. You will also learn safety precautions to take in an encounter with a wild animal.

Call 919-245-2388 or visit [www.co.orange.nc.us/health](http://www.co.orange.nc.us/health) for more information.

All Training  
is **FREE!**